



VSP® Prediabetes A1C Screening Pilot

OVERVIEW

Diabetes is a growing epidemic. The number of individuals with diabetes and prediabetes is growing at alarming rates. 84 million people in the US have prediabetes and 90% of these individuals are unaware. VSP and optometry have a tremendous opportunity to positively impact the health and wellness of these lives. Through data analytics, we know that on average VSP members are six times more likely to go in for their annual eye exam compared to their annual physical from their primary care provider. To leverage this opportunity, VSP has developed a pilot to test and measure the ability of identifying patients at risk for prediabetes and diabetes during their annual eye exam.

REQUIREMENTS

Participating doctors will offer the following services to VSP patients and their dependents who are 18 years and older and who have not been diagnosed with prediabetes or diabetes:

- American Diabetes Association Risk Test
- Hemoglobin A1C measurement via finger stick
- Enhanced health and wellness education
- PCP referrals

Participating doctors also agree to the following:

- Complete the provided log of patients offered the above services and return to VSP.
- Provide an in-office survey to patients who received these additional health services.
- Share your feedback with VSP throughout the pilot.

PARTICIPATING PRACTICE BENEFITS

- Increase practice revenue by receiving \$15 per eligible A1C screening administered.
- Engaging your VSP patients to differentiate your practice.
- Identify patients at high risk for prediabetes during their annual eye exam
- Provide additional services to your patients at risk for developing diabetes and prediabetes and demonstrate how you fit into their overall health and wellbeing.
- Collaborate with VSP on developing a potential new service for patients that highlights your role in the overall health and wellness of patients, especially in the fight against diabetes and prediabetes.

NOTE: Blood testing via finger stick is a waived procedure under the Clinical Laboratory Improvement Amendments (CLIA). A VSP Network Provider participating in the pilot must have a Certificate of Waiver from CLIA to administer the tests. VSP will provide all the materials required for the pilot, including A1C testing kits, lancets, educational materials, prediabetes risk assessments.