

VSP PREDIABETES A1C SCREENING PILOT



In-Office Best Practices

For successful implementation of this A1C Pilot, it is important for your office to create a system that is seamless and effortless for you, your staff, and your patients. Please view the following best practices based on feedback from doctors during the previous pilot:



1. Practice Training

The most critical piece of the pilot is to bring all staff and doctors on board, including training on how to administer the A1C screening test by taking the pilot training at **MyPremierAcademy360.com**. Once the staff is trained on the technical aspect of the screening test, implement a process that works for your practice.



2. Before the Patient Visit

While preparing charts or obtaining insurance authorizations, identify VSP® patients who are 18 years or older and have not been diagnosed with diabetes or prediabetes. This ensures you don't miss offering this benefit to a qualifying VSP patient.



3. During Pretesting/History Review

Have your patient take the American Diabetes Association Risk Test during pretesting and medical history review and inform them the doctor will review their test score with them.



4. During the Patient Exam

Review the risk test and other medical history at the beginning of the exam. If the patient scores a five or higher, explain the increased risk of diabetes based on their subjective answers and ask them if they would like an A1C screening covered-in-full by their VSP insurance.

If eligible and the patient agrees, administer the A1C screening. The test takes five minutes to process the blood sample so it's the perfect time to complete your routine patient exam while the sample finishes processing.

After the result of the A1C screening test is shared with the patient, discuss their increased risk for prediabetes and diabetes, provide them with the patient education materials, and refer them to their PCP if needed.



5. After the Patient Exam

Provide the satisfaction survey and ask them to share their experience with this added service available from your practice.

Collect all documentation, including results from the screening, to complete and submit the Patient Log to VSP.

Include this information in your patients' charts for future reference.

Contact us at prediabetespilot@vsp.com for any questions or comments throughout the pilot.